



Gluten Free Menu



ORIGINAL CHICKEN WINGS

Available in Buffalo (mild, medium or hot) or honey BBQ.

ANY GROUND ROUNDER OR SPECIALTY BURGER

No bun, flour tortillas or rye bread, onion tangles, tortilla soup, tortilla strips, onion rings or Texas toothpicks.

BONELESS CHICKEN DINNER BRUCHETTA CHICKEN – GRILLED MARGARITA GRILLED CHICKEN

ORANGE GRILLED SALMON

No orange glaze

BROILED SCALLOPS

No garlic butter

BEEF OR CHICKEN FAJITAS

No sizzle sauce or flour shells

CHOPPED BEEF STEAK

no gravy

BABY BACK RIBS

No bread

RIBS AND CHICKEN

No bread

GRILLED CHICKEN CLUB SALAD

No bread, dressing on the side, not mixed

CHICKEN CAESAR SALAD

No bread, dressing on the side, not mixed

GRILLED CHICKEN AND SPINACH SALAD

No bread

SIDE ITEMS - GF

Caesar salad – no croutons
House salad – no croutons
Cole slaw
Black beans
Broccoli
Vegetable of the day
Baked potato
Redskin mashed potato – no gravy

DRESSINGS – GF

Blue cheese
Caesar
Ranch
Honey mustard
Italian
Thousand island
Balsamic vinaigrette

Beverages

Coke
Diet Coke
Iced tea
Lemonade
Orange
Root beer
Sprite
Flavored lemonades

At Ground Round, a top priority is always the health and safety of our guests. We have prepared this suggested list of beverages and menu options based on the most current ingredient information from our food suppliers and their stated absence of wheat/gluten within these items. Please be aware that during normal kitchen operations involving shared cooking and preparation areas the possibility exists for food items to come into contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu entrée can be completely free of gluten.** Every effort is made to keep this information current. However, it is possible that the ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe versions and preparation techniques. Certain menu items may vary from restaurant to restaurant. We highly recommend that our guests with food allergies consult with the restaurant manager prior to placing an order to ensure the posted information is accurate.